

**BOROUGH OF PALMYRA**

**Proclamation Declaring March 2nd – 6th 2026, National School Breakfast Week**

**WHEREAS**, the School Breakfast Program, permanently established in 1975, provides nutritionally balanced breakfasts to more than 15 million children across 91,000 schools and institutions in the United States each day; and

**WHEREAS**, the School Breakfast Program meets the nutritional needs of children, improves food security, and promotes health, learning, and development by providing nutritionally balanced breakfast to school children each day; and

**WHEREAS**, 39.4 percent of children in Palmyra School system are food insecure and face hunger; and

**WHEREAS**, school-aged children who experience hunger are more likely to be absent from school, visit the school nurse, and experience more challenges than children with a nutritious diet, and skipping breakfast has consistently been linked with worse academic and health outcomes for children; and

**WHEREAS**, eating breakfast improves children's overall diets, builds healthy, lifelong eating habits and enhances their ability to learn and perform academically; and

**WHEREAS**, making breakfast a part of the school day, commonly known as "Breakfast After the Bell" and offering breakfast at no cost are effective ways to ensure more students realize the benefits of breakfast; and

**WHEREAS**, expanding access to no cost breakfast for all students through Healthy School Meals for All and participation in the federal Community Eligibility Provision for eligible schools increases school breakfast participation and food security, improves academic outcomes, saves families time and money, and reduces stigma and administrative costs;

**WHEREAS**, parents, caregivers, teachers, and school food personnel all play an essential role to ensure the children of Palmyra have the basic resources needed to grow, learn, discover their own potential, and live happy fulfilling lives; and

**WHEREAS**, No Kid Hungry offers information, tools, resources and grants to support schools in implementing and expanding school breakfast programs and the School Nutrition Association offers free materials to help schools commemorate "National School Breakfast Week"; and

**WHEREAS**, my administration is committed to helping expand access to and enhance current school breakfast programs to ensure that our children have the means to succeed.

**THEREFORE, BE IT RESOLVED THAT I**, Gina Ragomo Tait Mayor of Borough of Palmyra, do hereby proclaim March 2-6, 2026, as **SCHOOL BREAKFAST WEEK**. I encourage all residents of the Borough of Palmyra to recognize and commemorate school administrators, school nutrition directors, and cafeteria staff who operate school breakfast programs that ensure the health, safety, and success of our children.

**Gina Ragomo Tait**  
**Mayor, Borough of Palmyra**