



PROCLAMATION

- WHEREAS, NATIONAL NUTRITION MONTH® IS AN ANNUAL CAMPAIGN ESTABLISHED IN 1973 BY THE ACADEMY OF NUTRITION AND DIETETICS. DURING THE MONTH OF MARCH, EVERYONE IS INVITED TO LEARN ABOUT MAKING INFORMED FOOD CHOICES AND DEVELOPING HEALTHY EATING AND PHYSICAL ACTIVITY HABITS; AND
- WHEREAS, THE 2026 THEME "DISCOVER THE POWER OF NUTRITION" FOCUSES ON EDUCATING STUDENTS ON THE IMPORTANCE OF HEALTHY EATING HABITS AND PHYSICAL ACTIVITY; AND
- WHEREAS, NATIONAL SCHOOL BREAKFAST WEEK IS ALSO CELEBRATED IN MARCH (MARCH 2-6, 2026). BREAKFAST PLAYS A KEY ROLE IN PROPER NUTRITION FOR CHILDREN; AND
- WHEREAS, 70% OF CHILDREN IN DES MOINES ARE FOOD INSECURE AND FACE HUNGER, AND SCHOOL-AGED CHILDREN WHO EXPERIENCE HUNGER ARE MORE LIKELY TO BE ABSENT FROM SCHOOL, VISIT THE SCHOOL NURSE, AND EXPERIENCE MORE CHALLENGES THAN CHILDREN WITH A NUTRITIOUS DIET, AND SKIPPING BREAKFAST HAS CONSISTENTLY BEEN LINKED WITH WORSE ACADEMIC AND HEALTH OUTCOMES FOR CHILDREN; AND
- WHEREAS, EATING BREAKFAST IMPROVES CHILDREN'S OVERALL DIETS, BUILDS HEALTHY, LIFELONG EATING HABITS AND ENHANCES THEIR ABILITY TO LEARN AND PERFORM ACADEMICALLY; AND
- WHEREAS, PARENTS, CAREGIVERS, TEACHERS, AND SCHOOL FOOD PERSONNEL ALL PLAY AN ESSENTIAL ROLE TO ENSURE THE CHILDREN OF DES MOINES HAVE THE BASIC RESOURCES NEEDED TO GROW, LEARN, DISCOVER THEIR OWN POTENTIAL, AND LIVE HAPPY FULFILLING LIVES; AND
- WHEREAS, THE CITY OF DES MOINES IS COMMITTED TO HELPING PROMOTE THE IMPORTANCE OF HEALTHY BREAKFAST AND NUTRITION AWARENESS AS PART OF SIGNING ON TO MAYORS ALLIANCE TO END CHILDHOOD HUNGER AND TO ENSURE THAT OUR CHILDREN HAVE THE MEANS TO SUCCEED.

NOW, THEREFORE, I, CONNIE BOESEN, ON BEHALF OF THE CITY COUNCIL AND THE CITIZENS OF DES MOINES, DO HEREBY PROCLAIM MARCH 2026, AS:

"NUTRITION MONTH"

AND MARCH 2-6, 2026, AS SCHOOL BREAKFAST WEEK.

IN WITNESS WHEREOF, I HAVE HEREUNTO SET MY HAND AND CAUSED THE SEAL OF THE CITY OF DES MOINES, IOWA TO BE AFFIXED THIS NINTH DAY OF MARCH TWENTY TWENTY-SIX.

A handwritten signature in cursive script that reads "Connie Boesen".

CONNIE BOESEN, MAYOR
CITY OF DES MOINES